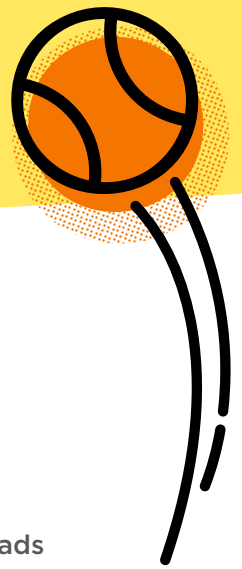




USING THE ASSESSMENTS



ASSESSMENTS ARE BROKEN INTO THE FOLLOWING CATEGORIES:

- Baseline - all ground strokes
- Serve/Return - how the point starts on each side
- Net Play - used in red level, focuses on volleys
- Transition - used in orange and green levels, covers approach shots, volleys, and overheads
- Other - used in orange and green levels, involves doubles and specialty shots
- Game - covers scoring, mental skills, and etiquette

CATEGORIES ARE BROKEN INTO THREE DIFFERENT AREAS (EXCEPT "GAME"):

- Head - tactics/ball controls
- Feet - movement
- Hands - technique

SCORING KEY

- 1 is the lowest and represents "beginning"
- 2 is the middle and means player is "developing" the skill/knowledge
- 3 is the highest and means player is "competent"

HOW TO EVALUATE YOUR PLAYERS

- Players can be assessed during practice sessions, and outside play/competition.
- Assessment should be done on an ongoing basis.
- Some areas will be quantitative; i.e., rallies consistently to center of court, while others will be qualitative (i.e. makes consistent grip changes).
- When evaluating quantitative areas, coaches should set their own standards that reflect the Scoring Key (i.e., 8 out of 10 is a 3).

WHEN TO MOVE PLAYERS TO THE NEXT LEVEL

- A scale is included in the app to determine when players should move, and ultimately, this is up to the coach.
- Athletic development and character are not included in the assessment. These areas should be taken into consideration when moving players, especially the character areas.
- It is recommended that coaches assess players a minimum of three times a year. The more active programs that want to motivate the kids to improve even faster, may evaluate every 6-10 weeks.